# Social connectedness amongst older people in New Zealand: Implications for ageing in place and service delivery







#### Key research aims

- To examine how social isolation and loneliness are understood and experienced by Māori, Pacific, Asian, and NZ European older people.
- To identify factors which contribute to, and protect against, social isolation and loneliness.
- To investigate the ways in which Age Concern NZ's volunteer visiting service might contribute to addressing social isolation and loneliness in older adults.



#### **Delivery and Implementation plans**

- Working with Age Concern NZ, and building engagement with other key stakeholders into the project, will support translation of findings into practice in the short to medium term.
- A key feature of dissemination will be the preparation of 'digital stories' from a sample of older interview participants.
- Digital stories will be screened at hui in Wellington, Auckland and Gisborne. Study participants and key stakeholders will be invited.

### Caring for whānau

Stories about end of life caregiving, tangihanga and bereavement

Te Ārai: Palliative Care and End of Life Research Group School of Nursing, Faculty of Medical and Health Sciences

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Director of Research: Professor Merryn Gott

Kaumātua: Rawiri Wharemate

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0:00 / 5:01

Digital storytelling workshop participants and instructors





## Current/potential linkages with other Ageing Well NSC projects

- F) Retirement Villages (Connolly)
- G) Risk factors in reduced social engagement (Jamieson, Keeling)
- ?A) Independence and Housing Tenure (Saville-Smith et al)